

# Outdoor Republic

Summer 2006 Explore It...Enjoy It...Live It!

**Get Cool Stuff – For Free!**

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**Mt. Ranier Adrenaline Adventure**

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**Keep Wyoming's Desert Red, Not Black**

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# Explore It...Enjoy It...Live It!

## **This is our mission, mantra and way of life.**

Whether you are hiking a 14ner, riding tight single-track through a tree tunnel, enjoying the aroma of coffee outside on a brisk morning, or camping with friends by a creek – we hope you enjoy the experience. Explore It...Enjoy It...Live It!

**Welcome to the Outdoor Republic premier issue!** Outdoor Republic is free to all outdoor enthusiasts within the United States. Each issue of Outdoor Republic highlights the best in gear and apparel from outdoor companies who share your love of the outdoors. You'll get the scoop on where to go, what to do and how to prepare for each season's outdoor adventures.

This issue's editorial focus is hiking, backpacking and camping. **Our next issue, available in October**, features travel, gear, apparel and fitness for your outdoor winter fun. Within each issue, you'll see dramatic photography from our reader's travels and excursions.

**We are committed to conserving and protecting the places we explore and enjoy.** Every issue highlights an ecosystem that we as outdoor enthusiasts can act to protect. In this issue, the National Wildlife Federation share the wildlife and landscape of Wyoming's Red Desert.

Love to Live,



Celesta Howe  
(One Branch of the Outdoor Republic Tree)



## *Got a Wish List that Keeps Growing?*

### **We have the Solution.**

Does your outdoor 'fun' budget get nicked by the grocery bill, the phone bill, the mortgage, well – you get the idea! We want to put an end to this madness. **Enter the Outdoor Republic contest at [www.outdoorrepublic.com](http://www.outdoorrepublic.com)** and get the stuff that you want NOW – without having to stash loose change in a jar. The winner receives:

- **\$100 Gift Certificate from Eastern Mountain Sports**
- **\$100 Gift Certificate from Lawson Hammock**
- **\$100 in Skin Defense Products from Tec Labs**

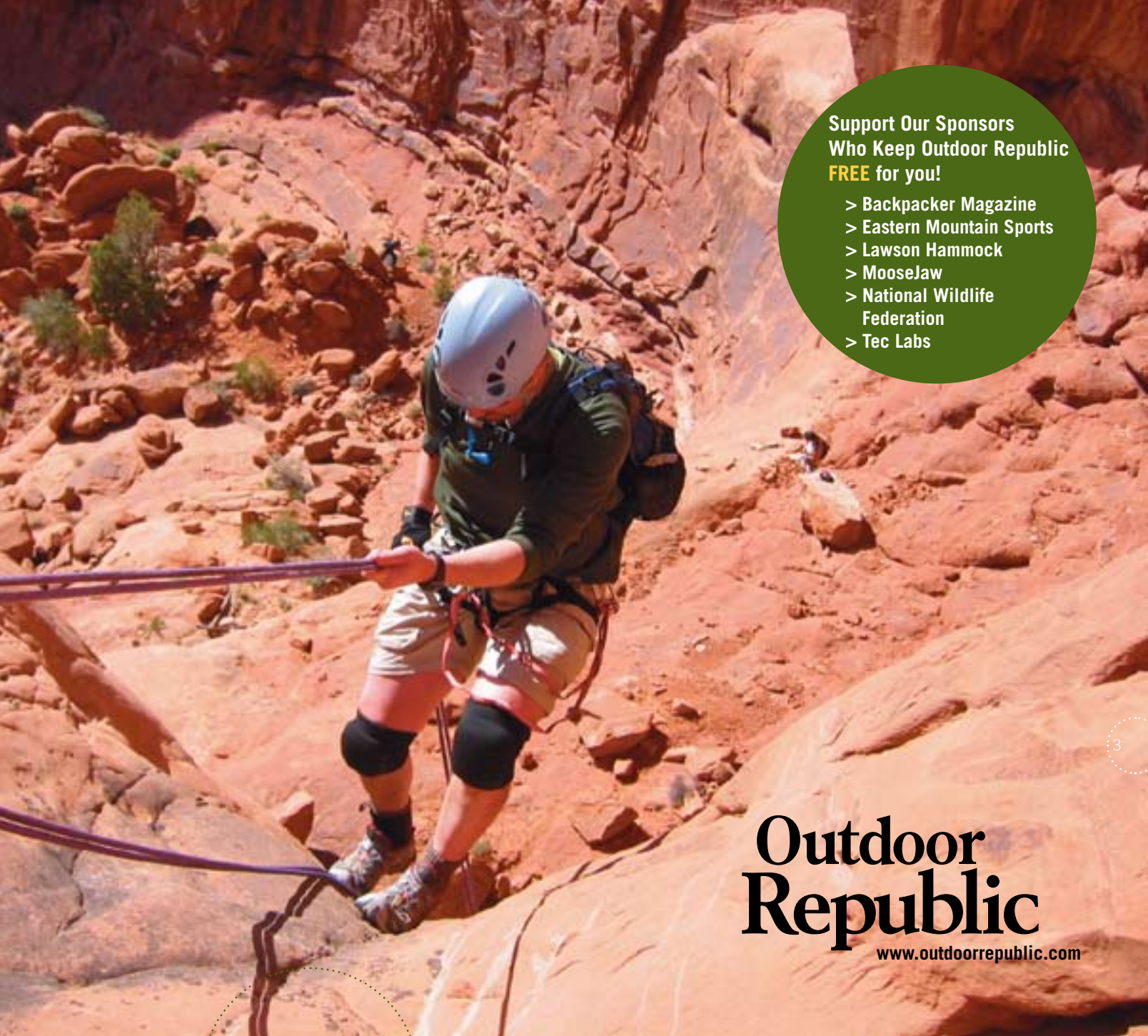
**It's easy to enter. Just go to [www.outdoorrepublic.com](http://www.outdoorrepublic.com).**

Fill out a short entry form, then submit. It's that simple.

Enter today before you forget!



Outdoor Republic is the sponsor of this contest. Contest open only to legal residents of the 50 United States and District of Columbia who are 18 years of age or older. The contest begins on July 7, 2006 and will end on September 7, 2006. One contest winner will be selected randomly from contest entrants. Void in US Territories, US military installations and where otherwise prohibited by law. No purchase necessary to enter or win. A purchase will not improve your chances of winning. Limit one entry per person. You are not a winner yet. Please log on to [www.outdoorrepublic.com](http://www.outdoorrepublic.com) to sign-up for the contest and for complete official rules.



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**FREE** for you!

- > Backpacker Magazine
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- > National Wildlife Federation
- > Tec Labs

# Outdoor Republic

[www.outdoorrepublic.com](http://www.outdoorrepublic.com)

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MOUNTAIN  
SPORTS**



Eastern Mountain Sports® is a company of many parts— all of them adrenaline-fueled. We're climbers, hikers, bikers, trail runners, and campers. We are living the life.

We design and offer a wide variety of gear and clothing for outdoor enthusiasts— from backpacks and insulated parkas to cycling gear and summer shorts. Check out any one of our 75 retail stores, call 888-463-6367, or visit us 24/7 @ [www.ems.com](http://www.ems.com).





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## **EMS<sup>®</sup> TECHWICK<sup>®</sup> Performance Apparel**

**Buy 1 at regular price, buy 2 at 20% OFF,  
buy 3 or more at 30% OFF\*.**

### **EMS Techwick Moisture Management System**

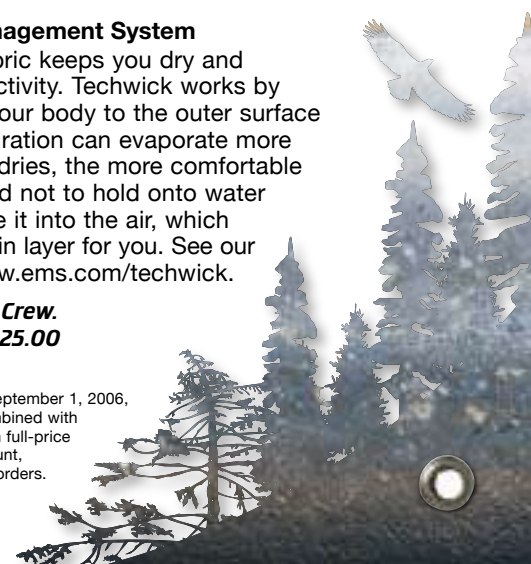
EMS-engineered Techwick fabric keeps you dry and comfortable in any range of activity. Techwick works by wicking moisture away from your body to the outer surface of the fabric, where the perspiration can evaporate more quickly. The faster a garment dries, the more comfortable you'll be. Techwick is designed not to hold onto water (as cotton does) but to release it into the air, which translates to a drier next-to-skin layer for you. See our full Techwick collection at [www.ems.com/techwick](http://www.ems.com/techwick).

### **Men's & Women's Short-Sleeve Crew.**

**[210-199-953 m's] [210-199-774 w's] \$25.00**

Use Coupon Code: 6TMAG79

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# Lunch at 8 AM on Mt. Ranier

**WIND HURTTLES UP THE EMMONS GLACIER, BACKHANDING OUR TENTS AS IT HEADS FOR THE SUMMIT. THE SNOW HAS FROZEN OUR TENT STAKES INTO THE GLACIER, AND HOPEFULLY THE TENT WITH IT. IT MIGHT STILL BE HERE WHEN WE GET BACK DOWN.**

A few murmurs from our rope mates in the tent next to us between gusts. It's 1:30 AM on June 26th, after 4 hours of snoozing to refresh. At our current 9600 feet, the wind's gusting 40-50 mph, it's 26 degrees F, with a few scattered clouds cruising high above the summit. Perfect. Rainier's a solitary white island above the mass of clouds a thousand feet below.

Light the stove, heat water, gulp down coffee, bagel, energy bar of choice. Drink more water. "It was that odd cracking sound in my leg I remember best," mumbles a woman in the group roping up near us, "after they caught my fall and I bounced off the side of the crevasse."

We rope up, strap on crampons, grab our axes and head up, debating whether to let our leg cracking neighbor go ahead of us as the official expedition crevasse tester. But we pass her huffing away after a few minutes and keep going. It pays to live at 8500 feet.


**No need for headlamps.** Just the crunch of snow on the moonlit glacier, the whistle of wind, and breathing as we wind-up and around crevasses. Tiny lights of headlamps bob ahead of us high up the glacier. We move quickly, skipping rest breaks. Blasts of wind tug us off balance. Duck, get three points into the snow, hold on for a moment.

**We hit the steep.** The rope yanks hard behind me, jerking me backwards in mid-step. I tense and prepare to hit the snow and self-arrest. Nothing. I look back and see my wife leaning on her axe, head down. "Tell when you need to stop, maybe before you stop," I call down in mild irritation. Nothing. "That's kind of hard when you're out of breath," she shouts back. I ponder a response. A rare burst of wisdom reminds us that silence, and food, would be golden right about now. After all, she's been over 19,000 feet more than I have. We carve a seat out of the snow, rest and watch the orange glow of sunrise spread over the horizon hundreds of miles to the east.

**Lunch at 8 AM on the summit.** Steam slips out of the snow on the crater's edges. A jagged Mt. Saint Helens pierces the clouds to our south. Full sun warms us. And the softening snow. Time to descend.

We wake early the following morning, pack, and climb a gully behind base camp to the top of the Interglacier. Off with the crampons, on with the snow pants. No more plunge stepping: time for the glissade. We hit the butt-tracks of previous climbers and an Olympic quality luge run, complete with banked corners, mini jumps and the perfect run out at the bottom.





*Climbing to the top of Mt. Rainer.  
Photo by Paul Riciputi.*

## *About the author*

Paul Riciputi and his wife Charlotte live in the mountains west of Boulder, with the requisite dog and a garage full of tele skis, bikes, raccoons, backpacking and climbing gear. They sharpen their survival skills by venturing into the corporate and education worlds to fund adventures and new gear.

I bank into the first turn, barely hold it, weight the axe point and recover. My wife blows by with perfect form, giggling her way down the track to my right. Our rope mates close behind. No need to rest here.

Two hours in the car and we're on the beach. A sample of the local brew, a dive into the painfully cold Pacific, and a few minutes to thaw and start breathing again, followed by a heap of fresh fish and razor clams at a local seafood joint.

**We could live like this.**

Visit [www.outdoorrepublic.com](http://www.outdoorrepublic.com) to enter.

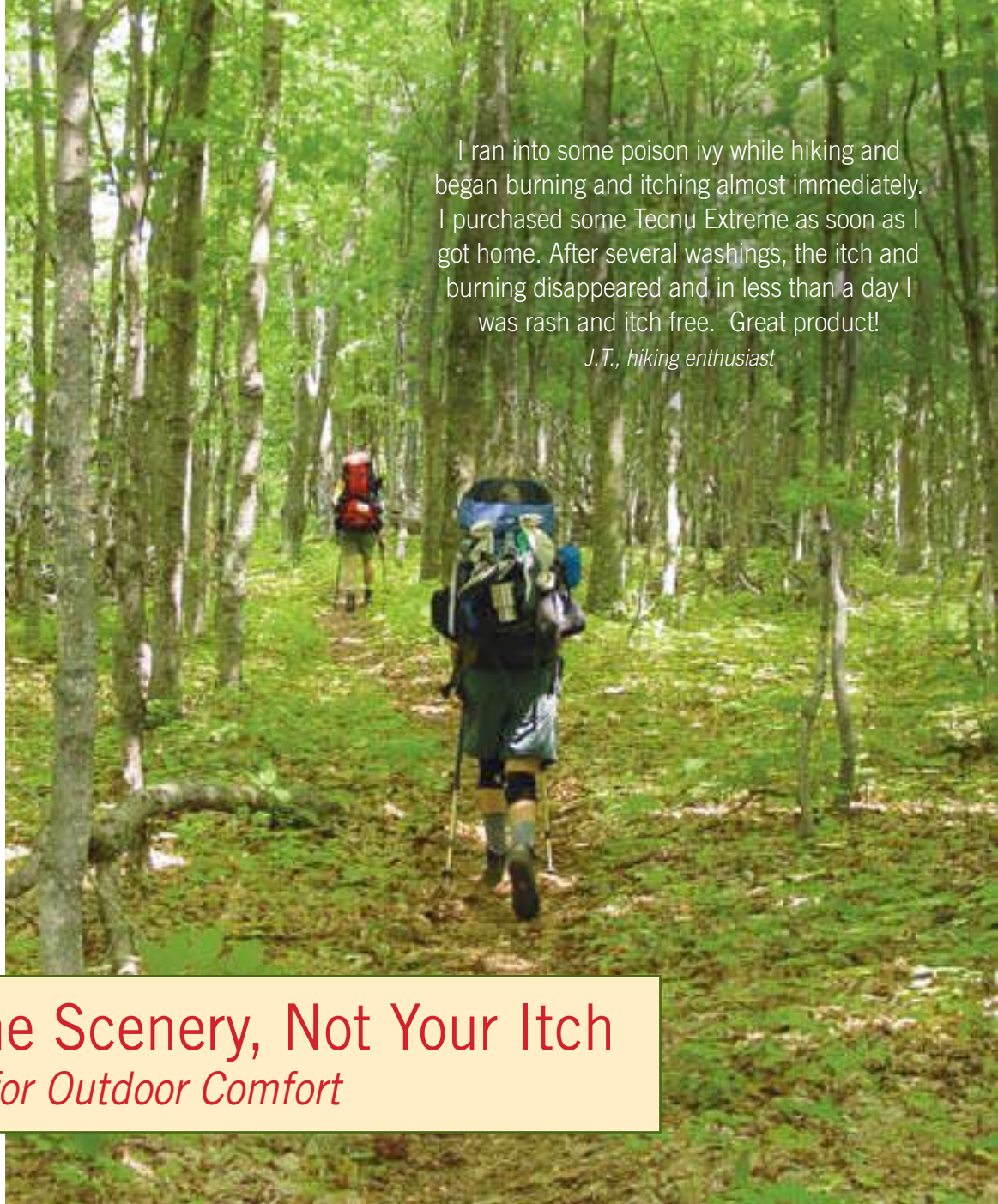
**TEC LABS**

**Call the Itch Experts.  
1-800-Itching**

When it comes to fast and effective solutions for the many irritations that can plague your skin, Tec Labs offers a host of skin defense products that gently, but aggressively, cleanse the skin, ease the itch and promote relief. Whether the culprit is poison ivy, mosquitoes, or head lice we have what you need to take your mind off the pain and itch.

Tec Labs has been protecting outdoor workers and consumers for over 29 years and continues to develop new products in defense of the skin. A focus on preventative and soothing products that gently provide serious relief has helped the company stand out from competitors.

For more information, visit [www.1800Itching.com](http://www.1800Itching.com) or call us at 1-800-Itching.



I ran into some poison ivy while hiking and began burning and itching almost immediately. I purchased some Tecnu Extreme as soon as I got home. After several washings, the itch and burning disappeared and in less than a day I was rash and itch free. Great product!

*J.T., hiking enthusiast*

**Focus on the Scenery, Not Your Itch**  
*The Essentials for Outdoor Comfort*



**Tecnu® Original Formula Outdoor Skin Cleanser** Use Tecnu® after you have been outdoors to remove the rash-causing oil called urushiol (oo-roo-she-all). Urushiol oil can be spread from contaminated clothing, shoes, gloves, tools and pets. Since the oil does not evaporate, it can remain on these items for months or even years at a time. Use Tecnu® to remove the oil and avoid a rash from secondary contact.

**DID YOU KNOW?**

**Urushiol oil from poison plants DOES NOT EVAPORATE and can remain active for a year or longer after being picked up on clothing, backpacks, pets, etc.**

>> Sign up to win \$100 in Tec Labs skin defense products + other prizes.

### Tecnu Extreme™ Medicated Poison Ivy Scrub

Tecnu Extreme is the first medicated poison ivy scrub that works in just 15 seconds to treat your symptoms, as well as remove the urushiol oils that cause the painful, itching rash in one easy step. Tecnu Extreme can also be used to prevent a rash. Simply use it within eight hours after exposure to poison oak, ivy and sumac. Its advanced formula provides fast, long lasting itch relief.



### Tecnu Rash Relief™ Medicated Anti-Itch Spray

**New!** Hands-free itch relief. Tecnu Rash Relief Spray is a unique medicated formula that treats poison plant rash without touching it. The cooling formula gives fast pain and itch relief, dries oozing and weeping, plus promotes healing without scarring. The easy to apply spray allows application without touching your skin. For best results cleanse the area with Tecnu Extreme or Tecnu Original formula to remove the rash-causing oil, urushiol, and keep the rash from spreading.

**Calagel® Medicated Anti-Itch Gel** Unlike pink, runny calamine lotions, Calagel's clear, antihistamine gel stays where you put it. Calagel soothes and relieves the irritation, itch and rash of poison plants, bug bites, stings, sunburns and other minor skin irritations. It is an analgesic, antiseptic and skin protectant all in one.



**If You Love Being in the Outdoors,  
Don't Wait! Redeem the coupon below  
at your pharmacy today.**

**MANUFACTURER'S COUPON**

**tecnu**  
The most trusted name in poison ivy and oak treatment

**LIMIT ONE COUPON PER PURCHASE**

**TEC LABS®**  
**1-800-ITCHING**

Coupon good for \$1.00 off these products: Tecnu Extreme™, Tecnu Rash Relief™, Tecnu® original formula and Calagel Medicated Anti-itch Gel™

**\$1<sup>00</sup> OFF**

Retailer: We will reimburse you the face value of this coupon plus 8¢ handling, providing you and the consumer have complied with the terms of the offer. Invoices providing purchases of sufficient stock to cover presented coupons must be shown on request. Any other application may constitute fraud. Coupon void where prohibited, taxed, or restricted. Consumer must pay sales tax. Cash Value 1/20¢. Mail to: Tec Labs, CMS Dept. #83926, One Fawcett Drive, Del Rio, TX 78840.

Offer expires December 31, 2007

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## About Your Rash



### What causes the rash?

Poison oak (*Rhus diversiloba*), poison ivy (*Rhus toxicodendron* L.), and poison sumac (*Rhus toxicodendron* V.) emit the poisonous, oily irritant-urushiol (pronounced oo-roo-she-all), on the plants' stem, roots, branches and leaves. The urushiol chemically "locks on" to skin proteins within 20 minutes after exposure to the plants (including dormant plants or long-dead prunings), contaminated clothes or tools, and even contaminated pets. Contact with this annoying oil produces a rash in three out of four people. The rash can begin within a few hours after contact, or it can start three to five days later.

### What does a poison oak or poison ivy rash look like?

The rash starts with itchiness and swelling, followed by a reddish inflammation of tiny pimples. Blisters then form and couple in a chain-like reaction. A clear fluid oozes from the blisters. This fluid then hardens to a yellowish crust. Left untreated, the rash (a typical histamine response) will last three to five weeks.

### Are dead poison oak or poison ivy plants safe to touch?

No, the poison oil remains toxic and does not evaporate. All parts of living or dead poison oak, poison ivy, and poison sumac plants, including the roots, contain the urushiol oil. Be especially careful of dead poison oak and poison ivy vines on firewood and leafless vines in the winter.

### I've never gotten the rash before. Can I get it now?

Yes, you can begin getting the rash at any time during your life. Three out of four people are sensitive to poison oak and poison ivy. Sensitivity is just a matter of being exposed enough times until the body becomes allergic to the poison oil.

### How long will a poison oak or poison ivy rash last?

Mild cases of poison oak or poison ivy can last five to 12 days. More severe cases can last 30 days or longer.

### Where do poison oak, poison ivy and poison sumac plants grow?

Poison oak, poison ivy, poison sumac and other members of the *Rhus* family grow in all portions of the North American continent (except Nevada, Alaska, and Hawaii) at elevations below 4,000 feet with a rainfall above eight inches per year. These plants are a significant cause of workers' compensation claims in the United States. They are also the source of considerable distress to outdoor recreationists and hobbyists.



Being outdoor enthusiasts who spend an average of 75-100 days a year in the wilderness, it was important for us to find a tent that was lightweight, weatherproof, extremely tough, and most importantly, could be set up on a variety of terrain. We combined high-tech material and design with our passion of the outdoors to create the Blue Ridge camping hammock.

The Blue Ridge camping hammock is used by thousands of people in over 25 countries worldwide. From the jungles of Borneo to the coast of New Zealand, the Blue Ridge camping hammock has withstood the test of time, weather and other incidentals to remain the best all-purpose camping hammock on the market.

**To view our Blue Ridge Camping Hammock, visit [www.lawsonhammock.com](http://www.lawsonhammock.com).**



## Live the GOOD LIFE on your next outdoor adventure.

**Lightweight, water-proof and flying-insect free, the Blue Ridge camping hammock is the finest tent, jungle and camping hammock on the market.**

Blue Ridge camping hammocks are designed specifically for backpacking and camping in hard terrain. Anywhere a traditional tent can't go the Blue Ridge camping hammock is there — mountainside, jungle, wilderness, along riverbeds, etc... It's for people who are on the move and need to set up fast and go. Use it as a tent hammock or on the ground as a bivy tent. Blue Ridge camping hammocks are made of the finest materials, including a nylon pack cloth bed, rip-stop nylon rain fly and no-see-um netting. This camping hammock is safe, comfortable, easy to set up and protects you from flying insects and the elements. And...you don't have to carry added bulky weight such as ground tarps or sleeping pads.

Blue Ridge camping hammocks continue to be a leader in the three season tent category. They have been featured in many articles in publications such as *Backpacker Magazine*, *Soldier of Fortune*, *Outside Magazine*, *American Survival Guide* and in the *El Yunque* episode of the 'Trailside Series' on PBS. Blue Ridge Camping Hammocks have been used worldwide by researchers and professionals as well as by campers, hunters, fishermen, whitewater rafters and kayakers in the most difficult climates and terrain with great success and satisfaction.

**Blue Ridge camping hammocks come with a one-year guarantee. Rated #1 in market by *Outside* and *Backpacker Magazine*.**

### LIGHT WEIGHT TRAVEL

Total Weight with Stuff Sack: 4.25 lbs  
Length: 90 inches  
Width: 36 inches  
Packs to 22' X 6'  
Weight Limit: 250 lbs  
Colors: Forest Green or Cobalt Blue

### QUALITY MATERIAL

- Large no-see-um net canopy.
- Hammock body made of coated nylon pack cloth.
- Waterproof nylon rain fly.
- Waterproof nylon border on the canopy protects against water blowing up under tarp.
- Strong aluminum-alloy poles and shock corded aluminum archpoles for the canopy.
- Double coil nylon zipper.
- Large net pockets inside hammock for storage.
- Nylon rope.
- Brass-plated grommets reinforced with nylon webbing.
- Stuff sack.

**> Buy Now at [www.lawsonhammock.com](http://www.lawsonhammock.com)**

**Sale Price: \$149.99**

*includes FREE SHIPPING*

**SAVE \$20**

>> Sign up to win a \$100 gift certificate from Lawson Hammocks + other prizes.



# Comfort and Versatility Contribute to the Growing Use of Hammock Camping

**Contrary to what many believe**, hammock camping is not a new hobby, practice or phenomenon. It has been around for centuries and has even been traced back to ancient tribal communities who preferred to sleep off the ground for many reasons, primarily for safety. Our tribal ancestors were way ahead of their time!

Hammock camping only recently evolved from being relatively exclusive amongst avid outdoorsmen to being adopted by the mainstream. As popularity increased, so did product choice and availability. Now, you can find camping hammocks (also known as jungle hammocks) in many high-end outdoor retailers, online and at outdoor trade shows.

A leader in outdoor camping hammocks is Lawson Hammock Company. Lawson combines high-tech design and quality material to produce dependable camping hammocks such as the popular Blue Ridge camping hammock. Owner Wes Johnson is excited about the increased interest in hammock camping. "There really has been quite a paradigm shift when it comes to hammock camping. As popularity and exposure increases, people are becoming more educated about its benefits and deciding to give it a shot."

After trying out hammock camping, it is rare one will go back to exclusively using standard, traditional tents. Wes states, "Hammock camping really opens up the world to those willing to explore. Places not accessible or not suitable for traditional tent camping are ideal if you have a camping hammock." With a camping hammock, you can now camp off the beaten path in pristine areas that are virtually untouched. Not only do the majority of people find camping hammocks more comfortable than sleeping on the ground, but now uneven, rocky or wet terrain is no longer a worry or obstacle.



Camping hammocks have proved beneficial for all types of outdoor enthusiasts. Kayakers now use this type of camping due to the rocky and wet terrain that they regularly encounter. The low-impact nature of camping hammocks is also a major draw to those concerned with conserving the environment and leaving as little "trace" as possible. When hammock camping, less of the environment and vegetation is disturbed or damaged.

One of the best things about Lawson Hammock's Blue Ridge camping hammock is that your options are limitless. With its patented spreaderbar and arch pole system, you can still camp on the ground if you find an ideal ground location. The Blue Ridge camping hammock is the only multi-use camping hammock on the market that can be used on the ground as a bivy tent without a lot of work and improvising.

If you haven't yet experienced a camping hammock, give it a try. You'll enjoy additional comfort and versatility.

## Other Benefits of Camping with Lawson Hammocks Blue Ridge Camping Hammocks:

- Flip the hammock over during the day and use like a back yard hammock for lounging in the sun
- 100% bug (protects from West Nile Virus) and waterproof
- Get off the ground where many insects, sand flies, etc. roam
- Camp in virtually all terrain (rocky, wet, uneven)
- Can double as a bivy tent for ground camping if desired
- Easy set up/take down
- Environmentally friendly (leave no trace)
- More comfortable and eliminates need for extra gear like ground tarps and sleeping pads

Live the **GOOD LIFE** on your next outdoor adventure.  
Go to [www.lawsonhammock.com](http://www.lawsonhammock.com) to purchase your Blue Ridge camping hammock.

# Keep Wyoming's Desert Red,

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Photo by: © Wendy Shattil/Bob Rozinski.

*The National Wildlife Federation certifies Wildlife Habitat Projects done by people like you, in their own yards and neighborhoods. This year marks the National Wildlife Federation's (NWF's) 70th anniversary and the goal is to certify 70,000 Habitats by the years end. You can help by making small changes to your landscape that benefit wildlife and certifying your yard with NWF as an official Wildlife Habitat.*

**Free Gear Giveaway! >> Sign up to win lots of cool stuff.**

# Not Black:

## 50,000 Pronghorn Antelope Need Your Help

**Hidden away in southwestern Wyoming lies one of the most unique and spectacular landscapes in North America – The Red Desert.** A wondrous and incredible place, dotted with rainbow-colored hoodoos, towering buttes and prehistoric rock art, the Red Desert provides a truly wild “home on the range” for the largest migratory big game herd in the lower 48 states – nearly 50,000 pronghorn antelope. Today the imprints of the pioneers’ wagon wheels are still visible in the Red Desert and a trace of the West’s great animal migrations remains as well.

**The Red Desert’s pronghorn have survived for millions of years, but the animals and their habitat are now in jeopardy.** To complete their annual migration to crucial winter ranges, pronghorn must run an obstacle course of subdivisions, industrial development, fences and roads. Public lands within the Desert traditionally have provided a refuge from this development, but that refuge may soon be lost. Projections from the Federal Bureau of Land Management call for 10,000 to 15,000 new oil and gas wells on public lands in the Desert. Well pads, roads and pipelines will be carved through the lands where the pronghorn now find forage during the cold Wyoming winter.

Working with other conservation organizations, the National Wildlife Federation has launched a citizens’ campaign to enact legislation to provide permanent protection for some key wildlife lands, including pronghorn migration corridors, in the Red Desert.

### Backyard Conservation

By Julie Gustafson,  
National Wildlife Federation

**Here are a few tips to practice conservation in your own yard.**

- Plant native plants that provide the best food for wildlife!  
Check out: [www.enature.com](http://www.enature.com) to find out more.
- Put a rain barrel under one of your gutter spouts from the roof and collect rain water to irrigate your garden.
- Leave a dead tree, plant shrubs or tall grasses to provide cover and protection to a variety of wildlife species.
- Eliminate chemical pesticides and fertilizers.
- Compost
- Use mulch
- Provide places for wildlife to engage in courtship, mate and raise young, such as mature trees, a water garden, burrows, thicket areas or nest boxes.

***Help us protect the wildlife and wild lands of Wyoming’s Red Desert.***

**>> Go to [www.nwf.org/reddesert](http://www.nwf.org/reddesert) to learn more about the Red Desert and how you can help.**



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### **MJ SIGG Traveller**

**Price: \$18.99**

I didn't understand why everyone was going so crazy over the Moosejaw Sigg bottle. So, before writing this description I got one for myself. Now I get it. Not only is the Sigg bottle great for water, other drinks, sand and potion, it looks cool and everyone will like you better for using it. I attached my Sigg bottle to my pack and strolled down the avenue. Within minutes ladies were draped all over me and men were looking at me with a little envy and a little pride. I say pride because they knew that I knew that they knew that I was special. My name is Sigg Montgomery and the avenue is beautiful.



### **MJ Eye Exam Hoody**

**Price: \$50.00**

After three years in exile on the island of F, the Moosejaw Mountaineering hoody is back. Can you believe it? If I were you I would either get one right away or pretend you don't like it and that you don't even like Moosejaw and tell three people about it. I would say something like "that hoody with the mountaineering under the Moosejaw is awful. Moosejaw should have never made that crappy design." Please note, by accident, I may have poured bleach in my apple juice this morning.



**patagonia**



**ROXY**



**BURTON**



**ARC'TERYX**

**Osprey Aether 70**

**Price: \$239.00**

If you like your pack streamlined, but enjoy bringing those creature comforts along, the Aether 70 by Osprey is the pack for you. An ideal size for the majority of backpackers, the Aether 70 will carry what you need – whatever your favorite adventure.

**Specifications:**

- AirScape suspension
- IsoForm Components
- AirScape backpanel with nubbed foam and grip mesh covering provides superior breathability and ultra-comfortable pack to body contact.
- IsoForm harness in multiple sizes and gender specific cuts features spacer mesh surface with no sewn seams for superb comfort and contoured fit.
- IsoForm CM Hipbelts provide custom, heat molded fit in multiple sizes and gender specific cuts.
- Dual entry stretch woven side pockets allows easy access to water bottles.
- Welded stretch woven front pocket delivers extra carrying capacity.
- Ski/Trekking pole loops secure skis or poles for easy, stable transport.
- Spacious, zippered sleeping bag compartment provides organized load division and easy alternative access to main pack body.
- Removable sleeping pad straps are there when you need them, gone when you don't.
- Weight: Medium - 4 lb. 9 oz. / 2.07 kg.; Large - 4 lb. 12 oz. / 2.15 kg.
- Volume: Medium - 4200 cu.in. / 70 liters; Large - 4400 cu.in. / 73 liters



**Marmot Sawtooth**

**Price: \$199.00-\$239.00**

Outstanding all-around bag, the Sawtooth by Marmot is for outdoor enthusiasts who won't spend much time in winter cold.

**Specifications:**

- X-static draft tube
- Nautilus 6-baffle Hood
- Down-filled collar with easy access draw cord
- Stash Pocket
- Classic trapezoidal foot box
- Stretch tricot baffles
- Velcro-free face muff
- Hood draw cord
- "Feely" draw cords
- Two hang loops
- Two-way zipper sliders
- Locking zippers
- Zipper guards
- Ground-level side seams
- Stuff sack and storage sack included
- Fill: 600 Fill Goose Down
- Weight: Regular: 2 lb 14 oz/1306 g
- Length: Regular: 6' 0"/Long: 6' 6"
- Zip: Left/Right

**MSR Mini Works EX Micro Filter**

**Price: \$79.95**

The Mini Works EX by MSR is the best-selling filter on the market, delivering long-lasting, fully field-maintainable water filtration. Its durable ceramic element ensures protection, pumps water for years, and can be cleaned repeatedly for full recovery, with no tools required for complete disassembly. The Mini Works is also lightweight, compact, and, thanks to its innovative Air Spring Accumulator, capable of pumping one liter of water per minute.

**Specifications:**

- Type: Longevity Series
- Trail Weight: 16 oz (456 g)
  - Dimensions: 7.5 x 2.75 in (19 x 7 cm)
  - Cartridge Life: Up to 2,000 liters, depending on water conditions



**Features:**

- Long-lasting: Durable ceramic element ensures protection and will pump water for years.
- Field-maintainable: Can be cleaned repeatedly for full filter recovery; no tools required for complete disassembly.
- Fast Flow: Air Spring Accumulator increases filtration speed; up to 1 liter/minute.
- Effective Protection: Removes bacteria, protozoa (including crypto and giardia), and particulate.
- Better-tasting Water: Carbon core removes unpleasant tastes and odors caused by chemicals, such as iodine, chlorine, and pesticides.
- Kit includes: Stuff sack, hose float, scrub pad, and instructions.

# Get-Out and *Go* Guide

**Where:** MOAB, UTAH

**When:** Year round but best  
in fall or spring

**National and State Parks:**

Arches, Canyonlands, Dead Horse Point

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